



The Quality Times

Spring 2016



A Moment with Missy.....

A Message from the Director



Melissa Harvey

The majority of people find comfort in the status quo. Change challenges each of us to step out of our comfort zone....which at times, leads to confusion and questions. In the upcoming months, you will begin to hear about changes to child care policy affecting eligibility for child care subsidy and provider payment rates. These changes will assist our child care system in complying with the new federal rules of the Child Care and Development Block Grant. Our goal is to keep both parents and providers well informed as these changes occur, but should a question arise, please ask. Recently, you received a letter from Janie Cole, Director at the Division of Early Care and Education outlining some key changes that you should expect to hear from child care subsidy recipients:

- 1. Out of state providers-** Each client using an out of state provider must choose an in-state child care provider in order to maintain subsidy eligibility,
- 2. Minimum Qualifying Activity Participation Hour Requirement:**
Working Recipients: Any recipient of child care assistance who is an employee must work at least 20 hours per week
WV Works participants: must participate in their Works activity at least 20 hours per week or to the maximum extent assigned by their WV Works worker,
Job training/Educational Activities: Job training participants must participate in their qualifying activity to the maximum extent possible as assigned by the job training program/employer,
Post-Secondary Education students: Recipients enrolled in post-secondary educational activities must meet the minimum credit hour requirement in order to be eligible for services.
- 3. State minimum wage -** Any recipient of child care assistance must be paid at least state minimum wage for all hours of work performed.

Change initiatives require weeks, even months or more to fully implement. During that time, open communication is important to reduce the stress and increase the success of implementing policy change. Should you have any questions during this transition, please let me know.

Week of the Young Child

The Week of the Young Child is held April 11-15, 2016 and sponsored by the National Association for the Education of Young Children (NAEYC). This annual celebration recognizes young children, their teachers and families through a variety of events and activities.

The Child Care Resource Center of Catholic Charities West Virginia would like to kick off the Week of the Young Child by displaying an "Art Gallery" of children's artwork in each of our offices. Research shows that art activities enhance brain capacity in Early Childhood. The magic of art enhances a child's decision making ability, fine motor skills and inventiveness. We



would like to provide exposure to our talented children and dedicated teachers by displaying artwork created within their classrooms. If enough interest is generated for this activity, we will rotate the artwork displayed in our offices monthly and continue the gallery throughout the entire year. If you have a classroom(s) that would like to display their artwork, please contact Missy Harvey at (304) 292-7357.

CCRC Office Locations

Hancock County

Tuesdays & Wednesdays

100 Municipal Plaza, Suite 600
Weirton, WV 26062

Contact the Wheeling Office for Questions

Ohio & Marshall County

2000 Main Street, Suite 100
Wheeling, WV 26003
304-232-1603 or 800-585-1603

Monongalia County

965 Hartman Run Rd., Suite 1103
Morgantown, WV 26505
304-292-7357 or 888-272-7357

Marion County

118 Adams Street - Suite 201
Fairmont, WV 26554
304-366-3615

Tyler & Wetzel County

1236 N. State Route 2
New Martinsville, WV 26155
304-455-0920

Visit our website at:

<http://www.ccrewv.org/>

INSIDE THIS ISSUE

Children Love Play Dough.....	2
Is it a Cold or Allergies	2
Subsidy Zone.....	3
Director's Training.....	3
Darkness to Light.....	3
Training Calendar.....	4-5
Training Descriptions	6-7
Save the Dates and WVFCCA.....	8
Birth to Three Information.....	8
Key 2 a Healthy Start	9
Playground Supervision	9
Handle with Care.....	10
A Closer Look - Family Child Care.....	11
TRAILS Information.....	11
WV Child Care Health Educator.....	11
Building Bridges Conference.....	12
First Aid & CPR	12
Celebrating Connections	12

Children Love



Playdough play at home or school supports development and learning in many areas. When children use playdough, they explore ideas and try different approaches until they find one that works. They compare and contrast objects ("Mine's a fat snake and yours is skinny"), actions ("No, don't cut it! roll it, like this"), and experiences ("We're not making a snake—we're making a road"). In their experimenting, children come up with their own ideas, satisfy their curiosity, and analyze and solve problems. These are all skills that help children learn and succeed in school.

According to the manual, "Healthy Young Children", the child care program and home should have the following procedures on the use and life span of manipulative art or sensory materials such as clay, play dough, etc.

- If handmade, these materials should be made fresh each week, labeled, dated, and stored in airtight containers.
- If purchased, these products should be stored in their original packaging.
- Products that are labeled as toxic are prohibited.
- The surface upon which they are used and the tools used with these materials should be cleaned and sanitized before and after use.
- Children should practice hand hygiene before and after each use.
- Material should be discarded if it is sneezed upon, put into a child's mouth, or in any other way possibly contaminated.
- Children with latex or gluten allergies should be given their own portion of the material, and that individual portion should be stored separately if for repeat use.
- Children with cuts, sores, scratches, and colds with sneezing and runny noses should be given their own portion of the material, and that individual portion should be discarded after use.

Source: Standard 5.2.9.8, Caring for Our Children

Playdough is a powerful learning tool for many reasons. It supports Social/Emotional Development, Creativity and Imagination, Language/Literacy, Science, Math, and Physical Development. When you play with playdough at home or school, you'll discover the most important reason of all: it's just plain fun!



~Janice Barnett - Early Childhood Specialist ~
janice.c.barnett@wv.gov

Is it a Cold or Allergies?



As the seasons change, it may become difficult to differentiate between symptoms of the common cold and allergies in children. Most often, seasonal allergies occur during the spring and fall months as a result of pollen or mold spores in the environment ("Hay fever," n.d.). On the other hand, the common cold results from exposure to a virus and can happen at any point throughout the year, with the highest incidence reported during the winter months

(Gupta, 2014). Seasonal allergies are sometimes referred to as hay fever, although fever is not a defining symptom (Edgar, n.d.). Seasonal allergies are often accompanied by symptoms such as runny nose with clear discharge, sneezing, and itchy or watery eyes. On the other hand, the common cold can cause runny nose with thick yellow or green discharge, congestion, and low-grade fever. While symptoms of the common cold usually appear gradually and disappear within 7 to 10 days, allergies can last for weeks or months as long as the person remains exposed to allergens (Gupta, 2014). Because seasonal allergies can exacerbate the symptoms of asthma, it is important

to monitor children for worsening coughing or wheezing. If a child exhibits difficulty breathing or skin that turns blue or gray in color, contact 911 and follow the child's individualized health care plan if applicable. Check your individual center's policies and procedures prior to giving medications to children in the child care setting and ensure that the proper authorization forms and medication instructions have been completed by the child's parent/guardian. Please note that only a trained and licensed medical professional has the ability to diagnose and differentiate illnesses as it pertains to each specific case.

~Sara Bell - Nurse Health Consultant ~

Interim Care

Question:

What is interim care?

Answer:

Providers can bill for periods in which the client is unable to participate in their qualifying activity due to temporary employment shut downs, breaks in between semesters (cannot be more than 45 days in between sessions), and for jury duty.

Question:

I have a client who attends college and she will not be in an activity during the summer; can I bill for interim care during this time?

Answer:

No. Interim care could be used during winter and spring breaks, but not during the full summer break. Interim care also cannot be approved for illness, extended absences that do not coincide with breaks in school or employment, absences due to extreme weather conditions, and breaks of more than 45 days.

Question:

Do the children have to attend in order to receive interim care days?

Answer:

Attendance during the interim period will be at the parent's discretion. However, parents must advise providers of their intention to attend or not attend so that providers can make staffing arrangements as necessary

Question:

Can I claim interim days for families that typically attend part time (less than 13 days per month)?

Answer:

No the purpose of interim care is to help providers continue to receive their monthly rate of 13-20 days for families that would typically be in attendance however are not able to be, due to breaks from school, temporary shut downs, and jury duty.

Question:

How do I bill for interim care and what if I have questions about billing for interim care?

Answer:

On the days that you are billing for interim care please write on the attendance sheet interim care. You will need to submit each child's attendance sheet for the month when you submit your request for payment form. If you have any questions please contact your child care specialist that is your caseworker through CCRC.



Director's Training

Director's, Don't miss your opportunity to attend an Interim Care Training in your area.

Marion County - March 23rd

10:00 am - 12:00 pm

Marion County Library

Call Heather to register - 304-292-7357

Ohio County - March 24th

10:00 am - 12:00 pm

Child Care Resource Center

Call Kelly to register 304-232-1603

Monongalia County - March 30th

10:00 am - 12:00 pm

Child Care Resource Center

Call Heather to register - 304-292-7357

2 Hours WV STARS Credit in

Program Management will be provided



Darkness to Light Stewards of Children Training

Monday - April 11th

1:00 pm - 3:00 pm

Morgantown Child Advocacy Center

909 Green Bag Road - Morgantown

This training raises awareness of the prevalence and consequences of child sexual abuse by education adults about the steps they can take to prevent, recognize & react responsibility to the reality of child sexual abuse.

Contact Beth Elyard, *UWFRN Manager*
304-322-2062 for information and to register.



2 Hours WV STARS Credit provided



DARKNESS to LIGHT'S
STEWARDS of CHILDREN



Training Topics Offered April - June 2016

A Day in the Classroom - 1 hr. Curriculum & 1 hr. PIR - Tier 1 -- Brie Broughman

Over 50% of a child's time in an early childhood settings is spent doing the basic routines and transitions required to move throughout the day. Let's use them as a teaching opportunity and add to a quality early childhood curriculum. By using transitions wisely, teachers will not only contribute to children's developing skills, but also run a more efficient program and create calmer settings. This training is designed for a teacher working in a child care center.

Children and Grief - *Child Growth and Development- Tier 2 -- Linda Reeves*

A grieving child's perception of death relates directly to the child's level of cognition. Perceptions of death change as children progress through developmental stages. A clear understanding of these perceptions is essential for child care providers and educators wishing to respond appropriately and helpfully to a grieving child's unique needs. This training will discuss the grieving process in children and ways to assist in a childcare or classroom setting.

Creating Positive Caregiver-Parent Relationships - PIR - Tier 2 -- Janice Barnett

This training is designed to help the teacher maintain an open, friendly, and cooperative relationship with each child's family. Strategies will be provided to encourage parent involvement as well as hands-on activities to support the child and family relationship. This training is geared toward in-home providers, center teachers and directors.

Designing Developmentally Appropriate Days - 1 hr. *Child, Growth & Dev.* & 1 hr. Curriculum - Tier 2 -- Janice Barnett

This training will provide an overview of Developmentally Appropriate Practice (DAP) – meeting children where they are to help them reach challenging and achievable goals. The participants will engage in activities that are developmentally appropriate and will learn what a DAP classroom looks like. Handouts will be given to support DAP in the classroom. This training is geared toward teachers, family providers and directors.

Exploring Mathematics using The Creative Curriculum - Curriculum - Tier 1 -- Brie Broughman

Exploring Mathematics is a preschool based training! We will review Preschool Math Objectives, describe the 5 components & processing skills of math and offer suggestions for incorporating mathematics into each interest area and into routines! Come explore mathematics and learn new and exciting activities to take back to the classroom!

From the Inside Out - *Professionalism - Tier 3 -- Janice Barnett*

This training will help the participants discover who they are- their passions, values, talents, and even those annoying habits. This training is an invitation to self-discovery. Engaging activities will give participants an opportunity to reflect on where they are in their journey through adulthood, and become a self-mentor for new possibilities in their future.

Mandated Reporter: Reporting and Preventing Child Abuse & Neglect - HSN - Tier 2 -- Glenna Bailey

This training is a comprehensive training session for mandated reporters of child abuse and neglect.

Medication Administration - HSN - Tier 2 -- Glenna Bailey

This session will discuss proper administration of medication in the child care setting; guidelines of the WV Child Care Center Regulations (Minimum 5 - Maximum 20)

Let's Make a Menu- HSN - Tier 1 -- Renee Stonebraker

Join us to learn about MyPlate food groups, Leap of Taste guidelines, and how to build a menu with Leap of Taste.



**Training Topics Offered
April - June 2016**

Let's Move- HSN - Tier 1 -- Renee Stonebraker

This workshop will discuss the physical activity requirements for child care centers, age appropriate physical activities, and causes and prevention of childhood obesity.

Neonatal Abstinence Syndrome - HSN - Tier 1 -- Glenna Bailey

Learn about the rise in national opioid use, its direct effect on neonatal abstinence syndrome, and the role of the child care provider in providing supportive management to infants who are born addicted to drugs.

Oral Health - HSN/Curriculum - Tier 1 -- Renee Stonebraker

This session will focus on the Importance of dental care for children and activity ideas for child care programs.

Planning Your Day- The Family Child Care Way - PIR - Tier 2 -- Amy Morrow

A flexible daily schedule help's structure the day's routines and experiences for children in your care. Learn how to develop a daily schedule that meets the needs of the children you care for and helps your day run more smoothly through planning and evaluating.

Start Seeing Diversity – Creating an Anti-Bias Classroom - 1 hr. PIR & 1 hr. F&C - Tier 2 -- Brie Broughman

Start *Seeing Diversity* provides a framework for understanding bias in the classroom and will help teachers recognize and reduce bias in young children. This training will introduce the 6 main areas of bias (gender, age, sexual orientation, race and ethnicity, economic class, and physical abilities); provide participants with several concrete examples of bias coming up in the classroom, and offer strategies to promote children's respect for diversity.

Using Intrinsic Motivation to Help Children Succeed - PIR - Tier 2 -- Amy Morrow

Join us as we take a closer look at the social emotional development of children. We will look at ways to promote healthy social emotional development, building positive relationships with children, along with teaching and communication techniques.

What are your True Colors? - Program Management - Tier 1 -- Brie Broughman

True Colors is a personality profiling system, everyone's personality consists of a combination of colors that represent the core of a person's personality & temperament. At this training, you will learn your true color & the true colors of your teammates. A successful classroom requires a team of people working together to accomplish goals. Attend this training with your coworkers and learn about your different personality types, individual strengths and how to effectively work together.

WV STARS: The New System - Professionalism - Tier 2 -- Rebecca Wheeler, WV STARS State Coordinator

This workshop is an introduction to the new WV STARS website and data base. Participants will be walked through how to use the new tools in the system.



Director's Meeting's

Director's Meetings are held in Hancock - Ohio - Monongalia and Marion Counties. Director's will be notified of upcoming meeting dates and times.

If you are interested in attending, just give us a call.
304-232-1603

Family Child Care Providers



Family Child Care Provider Meetings are held in Marion & Wetzel/Tyler Counties. Providers will be notified of upcoming meeting dates and times.

If you are interested in attending, just give us a call.
304-232-1603



April, May & June Training Calendar
Call the Wheeling Office to Register
1-304-232-1603 or 1-800-585-1603

Brooke/Hancock County

Mary Weir Library -- 3442 Main Street - Weirton

May 11, 2016 (Wednesday)	Let's Move	5:00 pm - 7:00 pm
May 19, 2016 (Thursday)	Children and Grief	5:00 pm - 7:00 pm

Follansbee Library -- 844 Main Street - Follansbee

April 21, 2016 (Thursday)	Exploring Mathematics/Creative Curriculum	6:00 pm - 8:00 pm
June 1, 2016 (Wednesday)	Creating Positive Caregiver-Parent Relationships	5:00 pm - 7:00 pm

Marion County

Marion County Adult & Community Education Center -- 601 Locust Avenue - Fairmont

April 28, 2016 (Thursday)	Using Intrinsic Motivation to Help Children Succeed	6:00 pm - 8:00 pm
May 9, 2016 (Monday)	Creating Positive Caregiver-Parent Relationships	6:00 pm - 8:00 pm
May 23, 2016 (Monday)	Exploring Mathematics/Creative Curriculum	6:00 pm - 8:00 pm
June 28, 2016 (Tuesday)	Let's Move	6:00 pm - 8:00 pm

Monongalia County

CCRC -- 965 Hartman Run Road, Suite 1103 - Morgantown

April 20, 2016 (Wednesday)	Medication Administration	3:00 pm - 6:00 pm
April 20, 2016 (Wednesday)	Mandated Reporter: Child Abuse/Neglect	6:00 pm - 8:00 pm
April 21, 2016 (Thursday)	Let's Move	6:00 pm - 8:00 pm
May 26, 2016 (Thursday)	Children and Grief	2:00 pm - 4:00 pm
June 7, 2016 (Tuesday)	From the Inside Out	6:00 pm - 8:00 pm
June 9, 2016 (Thursday)	Medication Administration	3:00 pm - 6:00 pm
June 13, 2016 (Monday)	What are your True Colors	6:00 pm - 8:00 pm
June 23, 2016 (Thursday)	Designing Developmentally Appropriate Days	1:00 pm - 3:00 pm

Marshall/Ohio County

CCRC -- 2000 Main Street - Wheeling

April 20, 2016 (Wednesday)	Oral Health	6:30 pm - 8:30 pm
April 23, 2016 (Saturday)	Planning Your Day- The Family Child Care Way	9:00 am - 11:00 am
April 23, 2016 (Saturday)	A Day in the Classroom	9:00 am - 11:00 am
April 23, 2016 (Saturday)	WV STARS: The New System	11:15 am - 1:15 pm
April 25, 2016 (Monday)	Medication Administration	3:30 pm - 6:30 pm
April 25, 2016 (Monday)	Mandated Reporter: Child Abuse/Neglect	6:30 pm - 8:30 pm
May 16, 2016 (Monday)	Designing Developmentally Appropriate Days	6:30 pm - 8:30 pm
May 17, 2016 (Tuesday)	Neonatal Abstinence Syndrome	6:30 pm - 8:30 pm
June 7, 2016 (Tuesday)	What are your True Colors	6:30 pm - 8:30 pm
June 13, 2016 (Monday)	Medication Administration	3:00 pm - 6:00 pm
June 14, 2016 (Tuesday)	From the Inside Out	6:30 pm - 8:30 pm

Marshall County Library -- 700 5th Street - Moundsville

May 24, 2016 (Tuesday)	Start Seeing Diversity - Anti-Bias Classroom	6:00 pm - 8:00 pm
June 16, 2016 (Thursday)	Using Intrinsic Motivation to Help Children Succeed	5:00 pm - 7:00 pm

Tyler/Wetzel County

New Martinsville Library -- 160 Washington Street - New Martinsville

May 25, 2016 (Wednesday)	Let's Make A Menu	11:00 pm - 1:00 pm
--------------------------	-------------------	--------------------



Please Take a Minute to Review the Training Guidelines Listed Below

1. Please register at least 24 hours in advance.
2. **If you register for a class and then are unable to attend, please call the CCRC to cancel as there may be a waiting list for that class.**
3. Classes MUST have at least 5 participants registered by noon the day before the class is scheduled or the class will be cancelled. These trainings may not be rescheduled. *Wetzel/Tyler must have at least 3 participants.
4. Infants and children are not to attend the training sessions. Alternate child care arrangements need to be made in advance.
5. In order to receive WV STARS credit for the trainings participants must bring either their WV STARS barcode sticker or have their WV STARS number on hand.
6. Please be on time! If you are late, you may not receive WV STARS credit.
7. **PLEASE NOTE: FOR EVENING & SATURDAY TRAININGS HELD AT THE WHEELING & MORGANTOWN CCRC Offices: Doors will open 15 minutes prior to training time and doors will be locked 15 minutes after the start of the scheduled training.**



You are cordially invited to
An Infant/Toddler Summit

9:00 am to 4:00 pm

Save the Date

Martinsburg	Beckley	Clarksburg
Martinsburg Holiday Inn	Tamarak Conference Center	Bridgeport Conference Center
April 21, 2016	May 12, 2016	May 26, 2016
Registration Deadline April 12, 2016	Registration Deadline April 26, 2016	Registration Deadline May 17, 2016

Call your Infant/Toddler Specialist for more information.

This event meets the requirement for a conference for Tiered Reimbursement status.

Registered with WV STARS as 7 hours of Program Management - Morning Coffee/Tea and Lunch Provided



The WVCCA is here to help you get specialized training for Family Child Care Providers. We will help you move your business forward in a more professional manner.

Membership Benefits:

- Up-to-date information on state and national child care issues.
- Annual statewide conference and specialized training
- Free and discounted curriculum and business resources
- Information on parent involvement and community awareness activities.
- Membership is reimbursable through your R&R Health & Safety Grant.
- Monthly phone conferences to allow you to ask questions and share ideas. Hearing how other providers deal with the same issues you deal with.
- Ways to communicate more effectively with your clients and state and local personnel.

Feel free to like us on Facebook and start getting plugged into resources to help your business.

Also check out our website at

www.westvirginiafamilychildcare.com

You can always call us at 304-634-4806 (Ask for Tammy Eubank or feel free to leave a message)

We want to help you put your best foot forward!
 Join Today!!

Early Childhood Annual Spring Training 2016
 A COMMUNITY EVENT FOR THOSE IN EARLY CHILDHOOD FIELDS

Save the Date
 Saturday, April 30, 2016
 9am—4pm

FREE
 SEW STARS HOURS

Lisa Maddox-Vinson presents:
Play the Whole Child Way

WVU Mountainlair Ballroom, Morgantown, WV

Registration will be required - Information to come*

*Registration information will be sent out via mail in early March to Child Care Centers. To ensure you are on the list to receive the brochures, please email eyr@wvmedicine.org or lpccomb@wvmedicine.org your Center's Name, Center's Mailing address, and Center phone. Brochures will not be mailed out to individuals.

Partial funding provided by West Virginia Early Childhood Training Consortium and Resources, a collaborative project of the West Virginia Department of Health and Human Resources/Bureau for Children and Families/Division of Early Care and Education, Office of Maternal, Child and Family Health, West Virginia Birth to Three West Virginia Head Start State Collaboration Office, West Virginia Department of Education/Office of Special Education. Other funding or assistance provided by WVU Medicine, WVU Association for Young Children—Student Group/SAFE, Monongalia County Head Start, Monongalia County Early Head Start, and Family Resource Network/United Way of Monongalia and Putnam Counties.

<p>Is your child moving, hearing, seeing, learning, talking like others their age?</p>	
<p>WV Birth to Three Services:</p> <ul style="list-style-type: none"> • Provided statewide • Available at no charge for families • Eligibility is not based on the family's income • Services are provided in the child's natural environment 	<p>If you are concerned about your child WV Birth to Three may be able to help. Please call for more information.</p> <p>1-800-619-5697 304-214-5775</p>
<p>www.wvdhhr.org/birth23</p> <p><small>WV Birth to Three services and supports are provided under Part C of the Individuals with Disabilities Education Act (IDEA) and administered through the West Virginia Department of Health and Human Resources, Office of Maternal, Child and Family Health. Program of Catholic Charities WV • Diocese of Wheeling - Charleston</small></p>	



Key 2 a Healthy Start



What is the **Key 2 a Healthy Start** for WV's Children?

Did you know that approximately 32% of children ages 2-19 are overweight or obese? The trend begins in early childhood with 27% of children ages 2-5. By taking part in the **Key 2 a Healthy Start** initiative, WV child care centers can become leaders in reducing childhood obesity rates in WV and raising a healthier generation of kids.

Key 2 a Healthy Start is a statewide quality improvement initiative in early care and education with the goal of preventing childhood obesity. Participating child care centers attend 3 one-day workshops that cover:

- 🔑 Nutrition
- 🔑 Physical activity
- 🔑 Garden-based learning
- 🔑 Personal health and wellness
- 🔑 Parent Engagement & outreach
- 🔑 Healthy celebrations

Workshop presenters include a pediatrician, registered dietician and exercise physiologist. Each participating program also receives on-site technical assistance visits after each workshop and will become part of a peer learning network. **Key 2 a Healthy Start** centers receive MyPlate portion plates and placemats, portable physical activity equipment, parent outreach materials, and much more! The workshops are free and WV STARS registered.

Workshop #1 held at the Celebrating Connections conference in Charleston

Sign up for either April 5th or April 6th by contacting Jessica Dianellos at Jessica.Dianellos@camc.org or Calling 304-388-3409. If you plan to attend the conference, this opportunity will be registered separately from other conference sessions and registration fees do not apply for **Key 2 a Healthy Start**.

It's entirely FREE thanks to the funding support of Benedum Foundation and Family Nutrition Services SNAP-Ed.



Playground Supervision

~Brie Broughman - Early Childhood Specialist~
brianne.e.broughman@wv.gov

It's springtime and children are ready to be outside, it's time to step back and look at how you supervise young children on the playground. Research states that over half of the unsupervised incidents reported involved children left on the playground unattended. Lapses in supervision of children can happen in all types of programs and even a momentary lapse can have disastrous consequences. Review the following tips to reduce the potential for such occurrences.

STEPS FOR PREVENTION

- Procedural Changes** – This may include developing a new system to track children, such as; requiring staff to carry out periodic attendance checks OR instituting the use of a photo card system using a face to face method rather than counting. A program could also revise current systems to facilitate better staff communication, such as; the use of walkie-talkies or sign-in and departure procedures that require formally passing the responsibility.
- Staff Training & Retraining** – Training sessions can address how staffs position themselves in the classroom or on the playground to ensure that all children are monitored.
- Structural Changes** – Programs or consultants can examine classrooms and playgrounds to determine if changes in the setup or equipment placement could enhance supervision. Placing colorful STOP signs near outdoor exits at the children's eye level can help stress the importance for children and families. Doors may also be equipped with bells, alarms or locked with codes or key cards that are required for entry and exit.





Handle with Care



All children deserve to be treated with dignity and respect and tender loving care on a daily basis. Unfortunately, there are far too many times when a child's world outside of the classroom or child care setting may be chaotic, unpredictable, and downright scary or dangerous. As hard as they try, the children can't leave all of their emotional turmoil at home and it ends up coming along with them to school or child care. They need someone who will *handle them with care*.

"Handle with Care" is a new WV Defending Childhood Initiative program that is taking off across the State of West Virginia and it is designed to do just that- "Handle with Care" the children who have been exposed to traumatic or violent events outside of the classroom or childcare setting. Through the Handle with Care Program, these children are given extra attention, compassion and support in their school or child care setting to help them through a difficult time and provide them with tools to help them in the future.

Handle with Care involves a dedicated partnership between local law enforcement, school/child



care staff, and counselors (school counselors, child care behavior consultant, and other mental health providers) within a specific county. These partners are trained on how to recognize and respond when a child is known to have been exposed to a traumatic or violent event (such as domestic violence, abuse/neglect, crimes, etc).

The Handle with Care process begins when law enforcement responds to a call involving a traumatic or violent event and children are present. The law enforcement officer obtains the child's name, age, and the school/grade the child attends and submits the information to a designated contact person who then notifies the school/child care center by the beginning of the next school day. The school or child care center simply receives the child's name with the words "Handle with Care". For confidentiality purposes, no detailed or other information about the traumatic event can or will be disclosed. In turn, school or child care staff will know from just these three words- *Handle with Care*- that the child may need some extra attention or support that day. School counselors or the behavior consultant in the child care center will also be included and, if needed, referrals for mental health services will be made.

The Handle with Care programs in other parts of WV are currently only partnering with the county's public school system (targeting only children enrolled in public schools in grades pre-k through high school). The Ohio County Handle with Care partners decided to expand the program to include, in addition to the Ohio County public schools, all child care centers, parochial schools, Head Start, and other private schools in Ohio County. This will ensure that ALL children in a school or child care center will have access to the Handle with Care program as trauma and violence knows no boundaries and no school or child

care center is immune to its exposure or reactions.

Currently, in Region One served by the Child Care Resource Center, Monongalia and Ohio Counties have received training and are in the initial phases of implementing this critical program. Other counties in Region One have expressed an interest in the program and are in the process of developing partnerships.

Linda Reeves, Behavior Consultant with the Child Care Resource Center, is the designated Handle with Care contact person for law enforcement for those children enrolled in a child care setting in Ohio County. Cathy Knox, Professional Development Team Supervisor with the Child Care Resource Center is the designated backup contact person for children in child care settings in Ohio County.

If you are interested in bringing Handle with Care to your county or you would like additional information about the program, please contact Linda Reeves at the Child Care Resource Center at 304-232-1603 or linda.j.reeves@wv.gov.

Linda is also a Certified Trauma Therapist and is available to provide trainings on trauma and violence in early childhood. Additional information about Handle with Care can be found at:

www.handlewithcarewv.org

~Linda Reeves - Behavior Consultant ~
linda.j.reeves@wv.gov



A Closer Look

Assessing Safety in the Family Child Care

~Amy Morrow - TRAILS Early Childhood Specialist ~
amy.m.morrow@wv.gov

Did you know that 90% of child injuries can be prevented? Most common injuries are linked to a child's developmental level. Prevention is a key element when providing children a safe environment. One of the best ways to prevent injuries is to look at your environment from a child's view. Before you begin caring for children in your home and also on a routine basis, get down on your hands and knees and look at each room and your outdoor spaces at the eye-level of a child, use the example hazards below as a guide. Also, take a few minutes to read through the WV Family Child Care Home Registration Requirements Section 78-19-7 Pg. 12 (www.dhhr.wv.gov)

Common Safety Concerns:

- ⚠ Electric cords
- ⚠ Outlets with no cover protectors
- ⚠ Sharp corners on furniture/ fireplace hearth
- ⚠ Stairs not gated
- ⚠ A door that is easy to open
- ⚠ An item interesting to a child that would require them to climb to reach
- ⚠ Poisons that look like food or drink
- ⚠ Medicine that looks like candy
- ⚠ Chemicals/cleaning supplies
- ⚠ Strings and cords that may cause strangulation
- ⚠ Heavy objects or furniture that children can pull down
- ⚠ Unprotected radiator, heater, or fireplace
- ⚠ Small objects that can cause choking
- ⚠ Containers of water children could fall into
- ⚠ Hot liquids (such as crockpots that children could reach, filled coffee cups on end of table)
- ⚠ Toys and materials for older age groups that is accessible to younger children.



West Virginia
Child Care Health
Educators

Need more STARS credit? Want more trainings on child health? Then the new Child Care Health Educators from River Valley Child Development Services can help. The Child Care Health Educators are a great resource for all child care centers. They provide trainings focusing on health, safety, and nutrition topics. All trainings are registered through WV STARS and are completely free to your centers. The health educators have very flexible schedules and can work with you to schedule trainings on days/times that meet your needs. Some training topics include:

- *Let's Make a Menu*
- *Being a Good Role Model*
- *Picky Eaters*
- *Food Safety and Sanitation*
- *Understanding Special Dietary Needs*
- *Safe Sleep Practices*
- *Indoor/Outdoor Safety*
- *Bed Bugs and Beyond*
- *Let's Move*
- *All that Sugar and Fat*
- *Oral Health*
- *Breastfeeding Basics*

If you have a topic you want training on that is not on the list, feel free to request it!

Renee Y. Stonebraker, RS
WV Early Childhood Training
Connections and Resources
9404 North Preston Highway
Albright, WV 26519
304-710-9695
rstonebraker@rvcds.org

Safety is a great topic for a TRAILS Technical Assistance Visit!

Let us help you create a safe and fun learning environment.
We can also help with Room Arrangement Ideas.

Building a Firm Foundation with TRAILS One BLOCK at a time

Adapted from the Creative Curriculum for Family Child Care

This is a 4 hour; WV STARS registered training series derived from the Creative Curriculum for Family Child Care.

Topics covered include: How Children Grow, Organizing Your Home and Day, What Children Are Learning, and Building Positive Relationships.

These trainings will take place in the Family Child Care Provider home or facility.

Please contact Amy Morrow, TRAILS Specialist with any questions or to register!



First Aid and CPR Classes

Are you looking for an agency or individual who offers CPR & First Aid Classes? Please call your local Child Care Resource Center.



BUILDING BRIDGES

Huntington Area Early Childhood Conference

April 28th and 29th, 2016

Big Sandy Superstore Arena & Conference Center, Huntington, WV

Conference special guests will be:

Keith Pentz - sponsored by KAPLAN -- Micheal Levine & Jennifer Daniels - The Learning Groove.

Please visit our FACEBOOK page for more complete details.

Contact: Stephanie Geneseo 304-416-3387 -- Email: haecc2016@gmail.com



Celebrating Connections 2016

Join us April 5-8, 2016!

Keynote speakers:

Jim Gill
Mary Jo Huff
Lisa Maddox-Vinson

Please visit
www.wvearlychildhood.org
for more information

A graphic for a sweepstakes. It features a large yellow speech bubble with the word "WOW!" in white. Below it, the text reads "An Exciting SWEEPSTAKES is coming...". To the right, smaller text says "When you sign up for a simple and safe savings plan (see myRA.gov) you will be eligible to win cash prizes. Stay tuned for more details." At the bottom, there are logos for West Virginia Alliance for Sustainable Families, WISER (West Virginia Investment and Retirement), and myRA (U.S. Department of the Treasury).



Child Care Resource Center
2000 Main Street - Suite 100
Wheeling, WV 26003

Child Care Resource Center